



*Love That Spice*

25% off wellness tea and  
Rebecca's Dream tea  
847.780.4658



**2HOT YOGA**  
OPEN YOUR HEART. FUEL YOUR SOUL.

One free yoga class with  
Lauri Stern  
(check 2hot schedule)  
847.831.9642



15% off classes or retail  
847.432.9150



CHICAGO  
BOTANIC GARDENS

10% off fitness classes.  
Call to register. *Codewell16*  
847.835.6801



*Fitness Plus, Inc.*  
50% off one  
personal training session  
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**Isaac  
and Moishe**

50% off one  
small green drink  
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20% off  
one time purchase  
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North Shore  
Chinese Medicine

\$25 off  
acupuncture  
847.809.1200



North Suburban Wellness  
CENTER FOR INTEGRATIVE MEDICINE

20% off nutrition, PT,  
acupuncture or  
chiropractic services  
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50% off  
any service.  
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**PUREssentials**

25% off Essential Oils  
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Call for code  
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20% off  
Professional skincare  
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**THE BOX**

1 free class or  
1 free one-on-one  
Cross Fit consultation  
847.801.9348



THE CORE METHOD

One free class  
call ahead  
847.682.7661



15% off one treatment  
(Minimum treatment \$100)  
224.707.0883



RECREATION CENTER  
of HIGHLAND PARK

**Recreation Center of Highland Park**

1 free body or mind class 847.579.4554